

# BRONZED

MELBOURNE

CARING FOR YOUR TAN

## PREP STEPS

Good preparation starts in the days leading up to the application.

- For best results book your tan 48 hours before your event.
- Shave or wax 24-48 hours prior to tanning (ideally 48). This gives the body adequate time to close the skin follicle off.
- Exfoliate with a mitt 24 hours prior to tanning to remove dead skin cells and other product residue. Focus on elbows, knees and ankles.
- Arrive for your application showered with no deodorant, perfumes or moisturiser on the body.
- Wear loose clothing with thongs or slides.

## EXTEND YOUR TAN'S LIFE

- As the tanned layer of your skin flakes away, the spray tan will gradually fade. Hydration is key!
- Use a PH balanced or soap free cleanser as a wash.
- Moisturise, moisturise, moisturise! The drier the skin the easier the tan will fade.
- Moisturizing regularly will ensure an even tan to fade transition.

## POST CARE

Just as vital as the prep! These tips will ensure the tan development is seamless and the lifespan is long – the tan can last up to 7 days.

## POST TAN RINSE

- The time until rinse off depends on the type of tan applied and can vary between 30 minutes to 4 hours.
- A short rinse in warm water until the water runs clear is all that is required – do not use soap or wash hair.
- After rinsing you may feel like the tan has disappeared – the tan will continue to develop up to 48 hours post application. (the guide colour washing off doesn't have an impact on the end result).
- Pat skin dry with a towel.
- Do not apply deodorant, perfumes or moisturiser straight after your tan.